

**4-H EVENT/OPPORTUNITY:**

Master 4-H PetPALS Volunteer Leader Training

**DATE/DEADLINE:**

Saturday, March 6, 2010, 10:00 a.m. – 4:00 p.m.

**LOCATION:**

The Nationwide & Ohio Farm Bureau 4-H Center, Columbus

**REGISTRATION INFORMATION:**

The registration fee is \$30.00 per person. This fee covers the cost of registration, lunch, teaching materials, and CGC testing (dogs). Each participant is responsible for purchasing a set of the 4-H PetPALS curriculum prior to the training. Registrations are due Friday, February 19. Refer to the registration form. *(Note: Youth ages 14 and older who would like to help Master 4-H PetPALS Volunteers with their clubs are welcome to attend this training. They must register and pay a \$20.00 fee.)*

**BRIEF DESCRIPTION:**

This Master 4-H PetPALS Volunteer Training is for adults who desire to lead 4-H PetPALS clubs and teach youth who are interested in becoming 4-H PetPALS. *Volunteers MUST complete a 4-H PetPALS Volunteer Leader Training to be able to advise a 4-H PetPALS club.* 4-H PetPALS is an intergenerational program linking youth and their pets with senior adults. Master 4-H Volunteer Leaders teach youth the skills needed to interact with residents in healthcare facilities, such as assisted living and skilled nursing facilities, enhancing intergenerational relationships. 4-H members learn to select, socialize, and train their pets to participate as youth-pet teams in animal-assisted activities. Youth and their pets, accompanied by adult volunteers, visit senior healthcare facilities. Youth apply the lessons and activities taught in this 214-page, 10-step experientially based leader-directed curriculum to expand their capacities to develop leadership and citizenship skills in an intergenerational environment. 4-H PetPALS allows young people to be models for residents in healthcare facilities and the community at-large of the significance of human-companion animal interactions and the importance of intergenerational relationships. Refer to the volunteer job description following this section.

**GOALS/OBJECTIVES:**

This Master 4-H PetPALS Volunteer Training is designed to:

- Teach volunteers the key elements necessary for youth to have a positive 4-H experience.
- Familiarize volunteers with the 4-H PetPALS Leader's Guide and Member Resource.
- Prepare volunteers, using experiential learning teaching methods, to conduct the activities described in the 4-H PetPALS curriculum.
- Teach volunteers animal handling and assessment skills.
- Teach volunteers how animals communicate and the appropriateness of pets for 4-H PetPALS animal-assisted activities.
- Teach volunteers how to form partnerships with senior healthcare facilities.
- Teach volunteers how youth should communicate and visit with residents in senior healthcare facilities.
- Teach volunteers about aging, physical, and medical conditions 4-H PetPALS may encounter during visits.
- Teach volunteers the protocols for 4-H PetPALS animal-assisted activities.

**CONTACT PERSON:**

Lucinda Miller, Extension Specialist, 4-H Youth Development  
Companion Animal & Small Animal Programs  
222B Animal Sciences Bldg.  
2029 Fyffe Ct.  
Columbus, OH 43210  
Phone: 614.292.7453; Cell: 740.708.0359  
Fax: 614.292.1515  
E-mail: [miller.78@cfaes.osu.edu](mailto:miller.78@cfaes.osu.edu)



**REGISTRATION FORM**  
**MASTER 4-H PetPALS VOLUNTEER LEADER TRAINING**  
**March 6, 2010**  
**Nationwide & Ohio Farm Bureau 4-H Center**  
**The Ohio State University, Columbus**  
**10:00 a.m. – 4:00 p.m.**



Name \_\_\_\_\_ County \_\_\_\_\_

Mailing Address \_\_\_\_\_  
P. O. Box or Street No.

\_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

**Adult** \_\_\_\_\_ **Youth** \_\_\_\_\_ (Registration fee: \$20.00)

**Registration Fee:**

\$30.00 (includes lunch, teaching materials, and CGC testing)

Make checks payable to: The Ohio State University

**Note:** Prior to the training, adults must purchase the 4-H PetPALS Leader's Guide and Member Resource, become familiar with the contents, and bring them with you to the training. Curriculum can be purchased through county Extension offices or by ordering online at: <http://estore.osu-extension.org/>.

**You are encouraged** to bring your own pet that you would like to take to visit senior healthcare facilities. More information will be sent to those who register. Please indicate what species of animal you would bring:

\_\_\_\_\_ Dog \_\_\_\_\_ Cat \_\_\_\_\_ Rabbit \_\_\_\_\_ Guinea Pig

\_\_\_\_\_ Other (please specify \_\_\_\_\_)

**Please provide information** for any special dietary needs and/or accommodations for disabilities:

\_\_\_\_\_  
 \_\_\_\_\_

**Mail this registration form along with the applicable registration fee(s) to:**

4-H PetPALS Volunteer Leader Training  
 Attn: Lucinda Miller, Extension Specialist, 4-H  
 222B Animal Sciences Bldg.  
 2029 Fyffe Ct.  
 Columbus, OH 43210

**Registration Deadline: Friday, February 19, 2010**



## ***Master 4-H PetPALS Volunteer Leader***



### **Volunteer Job Description Ohio 4-H Program Ohio State University Extension**

**Position Title:** Master 4-H PetPALS Volunteer Leader

**Time Required:** Two-year, minimum, time commitment.  
Must be able to attend a 6-hour volunteer workshop.  
Initially, 10 - 15 hours to teach curriculum, then four hours per month.  
Other time varies according to 4-H PetPALS training, visits, etc.

**Location:** Volunteer's Community

**General Purpose:** Serve as a 4-H club project leader to youth enrolled in the 4-H PetPALS program. Help recruit and teach youth, ages 9 - 18, with pets, to become 4-H PetPALS, conducting animal-assisted activities.

#### **Specific Responsibilities:**

- ◆ Incorporate the eight key elements of positive youth development in all aspects of 4-H;
- ◆ Be committed to young people and their growth in all areas;
- ◆ Be dedicated to young people and sensitive to their abilities and needs;
- ◆ Follow all 4-H guidelines and policies of Ohio State University Extension and the Ohio 4-H Program;
- ◆ Attend a 6-hour workshop to learn about positive youth development and the 4-H PetPALS program;
- ◆ Become a Master 4-H PetPALS Volunteer Leader as a result of the 6-hour workshop;
- ◆ Identify a minimum of five youth, ages 9-18, and their pets, who show interest in 4-H PetPALS;
- ◆ Recruit these youth, ages 9-18, to become 4-H PetPALS;
- ◆ Provide the opportunity for youth and their pets to receive training utilizing positive reinforcement and humane methods;
- ◆ Provide the opportunity for youth to receive socialization training with their pets;
- ◆ Help youth and their pets successfully complete the requirements to become 4-H PetPALS for animal-assisted visits in local senior healthcare facilities such as skilled nursing, assisted living or retirement centers;
- ◆ Identify one senior healthcare facility desiring animal-assisted visits;
- ◆ Assist youth in making contacts with senior healthcare facility for 4-H PetPALS visits;
- ◆ Assist youth in making at least one visit per month to one or more senior healthcare facilities.
- ◆ Encourage 4-H parents' interest in 4-H PetPALS; and
- ◆ Welcome parents' cooperation and support of 4-H PetPALS.

## **Qualifications:**

An individual serving as a Master 4-H PetPALS Volunteer Leader must have:

- ◆ A sincere interest in working with 4-H members;
- ◆ Experience in working with dogs, cats and other acceptable pets; the volunteer may have a co-leader who does not have experience with animals;
- ◆ A sincere interest in animal-assisted activities;
- ◆ A desire to enhance the lives of senior healthcare skilled nursing, assisted living or retirement center residents;
- ◆ The ability to teach and motivate youth while nurturing positive self esteem, decision making, responsibility and leadership in the youth;
- ◆ A sincere interest in teaching and sharing knowledge and skills with youth in an educational setting;
- ◆ The ability to work and communicate effectively in verbal and written forms;
- ◆ The ability to work with minimal supervision from professional staff; and
- ◆ A willingness to become familiar with and work within the philosophy and guidelines of Ohio State University Extension and the Ohio 4-H program.

## **Ohio State University Extension Agrees To:**

- ◆ Provide training opportunities that will help volunteers meet the needs of the youth;
- ◆ Provide appropriate curriculum and other resources;
- ◆ Provide avenue(s) for youth and their animals to become 4-H PetPALS;
- ◆ Have professionals available to consult with volunteers on a one-to-one basis; and
- ◆ Provide appropriate recognition and awards to volunteers and youth.

## **Supervising Professional:**

Lucinda B. Miller  
Extension Specialist, 4-H Youth Development  
Companion & Small Animal Programs  
222B Animal Sciences Building  
2029 Fyffe Ct.  
Columbus, OH 43210

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Website: <http://4hpetpals.osu.edu/>

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*Keith L. Smith, Ph.D., Associate Vice President for Agricultural Administration and Director, Ohio State University Extension TDD No. 800-589-8292 (Ohio only) or 614-292-1868*